

Sea & Sage Annual Dinner

SATURDAY, March 17th at Mile Square Park Banquet Center

Our Guest Speaker is Alvaro Jaramillo

He will speak on "Birders and Bird Brains"

The Sea & Sage Annual Dinner will again be held at the Mile Square Park Banquet Center. This year we are having our dinner on a **Saturday** evening instead of the usual Friday. Our speaker, Alvaro Jaramillo, is an entertaining speaker and knowledgeable birder who has been the keynote speaker for many birding festivals. This is the way he describes his program: "How do expert birders identify birds so quickly? Ever seen the stick bird, a stick that you are confident looks like a bird. Sometimes, you even identify it to subspecies? Or the leaf bird? The birder brain does some weird stuff. In trying to understand how people learn birds, I have been led down all sorts of interesting paths, from psychology to neurobiology. What happens when we try to identify a bird is actually very complicated, and it differs if you are learning or new at birding, in contrast to someone who has been doing it for years. I will give you the background of how it appears that our brains identify a bird, and then what to do to make it come easier to you. Another facet that came through in my journey to understand birder brains, is that we are also getting a healthy dose of medicine when we are birding. It is healthy to be outside birding, and now science is starting to show that this is true and why. The end result of my foray into understanding birders is that I am convinced that everyone should become a birder, or at least a nature enthusiast. Come on out and learn a bit about why birding is the best, and how birders are actually mental athletes, doing some pretty amazing things."

The evening will also include a silent auction and the presentation of our chapter's Fern Zimmerman Conservation Award and Letters of Commendation. The Mile Square Park Banquet Center is located at the south end of Mile Square Park, at the intersection of Warner and Ward in Fountain Valley. Free parking is available. Below is the schedule for the evening:

No Host Bar: 6:00 p.m.

Dinner: 7:00 p.m.

Program: 8:00 p.m., sharp!

Location: Mile Square Park Banquet Center

Tickets: \$50 for all reservations received before March 1st

\$55 for reservations received on or after March 1st

Entrees: Lemon Chicken, Seared Salmon Filet, or Vegetarian Lasagna



MAKE YOUR RESERVATIONS EARLY. Seating will be assigned in the order the reservations are received. If you wish to sit with friends, make sure they send in their reservations on the same day you do. To reserve a seat, make your check payable to: Sea & Sage Audubon; include the name of each person for whom a reservation is made. If you wish group seating, please indicate that on the reservation form; each table will seat 10 people. Make your check payable to: Sea & Sage Audubon. Mail your check and reservation form to: Annual Dinner, c/o Nancy Kenyon, 32 Almond Tree Ln., Irvine CA 92612. A message confirming your reservation will be sent back to you along with directions, a map, and information about the dinner and silent auction. Be sure to include your email address and phone number on the reservation form if you have not attended one of our annual dinners in the past.

Please Note: ALL RESERVATIONS MUST BE RECEIVED BY 12 NOON ON FRIDAY, MARCH 9. If you are late in sending in your reservation, please phone or email me to let us know that you wish to come. (949-786-3160; nancykenyon@cox.net)

Name _____ Entree _____

Name _____ Entree _____

With whom do you wish to sit? _____

Email address for confirmation & map _____

Phone (in case we need to contact you quickly) _____

Entrees: [C] Chicken [S] Salmon [V] Vegetarian. All dinners will include a salad, fresh vegetables, freshly baked rolls, coffee, tea, or decaf, and dessert.

Mail your reservations to: Annual Dinner, c/o Nancy Kenyon, 32 Almond Tree Ln, Irvine CA 92612

